



EMPIRE FOOTBALL LEAGUE

ESTABLISHED: 1969

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Contact: Terrence Lollie (eflcommunications@gmail.com)

LAST WEEK'S RESULTS

Saturday, August 6

Syracuse 55, Watertown 0
Plattsburgh 22, Glens Falls 0
Albany 36, Elmira 0
Montreal 15, Amsterdam 0
Bye: Vermont

UPCOMING SCHEDULE

Saturday, August 13

Albany at Syracuse, 7:00
Montreal at Elmira, 7:30
Watertown at Glens Falls, 7:30
Amsterdam - Bye

**Plattsburgh earns forfeit victory over Vermont*

**Vermont is on one-year leave of absence, all games will result in a forfeit*

2011 EFL STANDINGS

Team	W	L	Pct.	Streak	PF	PA
Albany	5	0	1.000	W5	115	31
Syracuse	4	0	1.000	W4	224	19
Plattsburgh	3	1	.750	W3	76	31
Glens Falls	3	2	.600	L1	138	72
Amsterdam	2	3	.400	L2	50	98
Montreal	2	3	.400	W1	41	89
Watertown	1	3	.250	L2	19	105
Elmira	0	4	.000	L4	32	226

**Each team earns six points for forfeit win over Vermont*

Offensive Player of the Week

Justyn Hardwick, RB, Syracuse

Hardwick earned his second straight Offensive Player of the Week on the strength of a 19 carry 213 yard and two touchdown game against Watertown. Hardwick started the scoring off early in the first quarter setting the tone for the rest of the game. Hardwick is the league's leading rusher with 513 yards on the season.

Defensive Player of the Week

Dewayne Gordon, DB, Syracuse

Gordon helped his defense post their third straight shut out against Watertown. He had a quiet first half until he picked off Jory Tanner and returned it 37 yards for the score. Midway through the third quarter as the Red & Black were moving the ball, Gordon had a drive-stopping 10 yard sack.

Special Teams Player of the Week

Cam Ferraro, DL/K, Albany

Ferraro recovered a blocked punt for a touchdown against the Elmira Evolution, helping the Mallers to a 36-0 victory. It was Ferraro's first touchdown since 1986.

Rookie of the Week

Cedric Stevens, QB, Syracuse

Stevens threw for two touchdowns and added one on the ground as he guided the Syracuse offense to six touchdowns. Stevens' final stat line was 9-for-19 with 167 yards, two touchdowns and no interceptions. Stevens spread the ball around his entire offense, completing passes to six different receivers.



Defensive Player of the Week Dewayne Gordon (4) as he sacks Watertown quarterback Jory Tanner.



EMPIRE FOOTBALL LEAGUE

WEEK FIVE INDIVIDUAL/TEAM LEADERS (TOP 5)



SCORING

Name	FG	XP	2PT	Rush	Rec.	Ret.	TD	PTS
D. Gordon, Syr.				4		4	8	48
Hardwick, Syr.				6			6	36
C. Tarver, Alb.			3	4		1	5	36
T. Burke, Syr.					5		5	30
Z. Grulich, Syr.		30						30

PASSING

Name	Comp	Att.	Yds.	TD	INT
I. Godfrey, GF	51	94	844	8	6
K. Stay, Platt.	46	83	639	5	2
C. Stevens, Syr.	19	44	369	7	1
S. Lawson, Alb.	15	27	290	4	2
B. Simer, Syr.	9	21	223	4	3

RUSHING

Name	Att.	Yds.	Avg.	Long	TD
J. Hardwick, Syr.	45	513	11.4	58	6
C. Tarver, Alb.	20	258	12.9	66	4
D. Gordon, Syr.	25	256	10.2	50	4
E. White, Ams.	29	238	8.2	25	3
I. Godfrey, GF	23	168	7.3		2

RECEIVING

Name	Rec.	Yds.	Avg.	Long	TD
R. McVay, GF	12	256	21.3	74	2
J. Brennan, GF	11	239	21.7		3
J. Keleher, Platt.	11	204	18.5	46	2
T. Burke, Syr.	7	211	30.1	59	5
T. Gage, Syr.	8	190	23.8	47	3

TACKLES

Name	Solo	Asst.	Total
J. Currier, Platt.	14	20	34
O. West, GF	32	0	32
E. Maeweather, Syr.	13	18	31
K. Gibson, Platt.	9	17	26
H. Roscoe, Platt.	8	16	24

INTERCEPTIONS

Name	Total	TD
C. Moore, Syr.	5	1
M. Ali, GF	3	
Do. Murdock, Alb.	3	1
G. Davenport, GF	2	
E. Byrnes, GF	2	
Dw. Murdock, Alb.	2	
J. Totzeck, Ams.	2	
D. Lumpkin, Ams.	2	
G. Barnwell, Syr.	2	1
D. Gordon, Syr.	2	2

SACKS

Name	Total
C. Hart, Syr.	4.0
M. Anderson, Alb.	3.0
R. Sanders, GF	3.0
R. Ward, Ams.	2.5
M. Mendscole, Platt	2.5

FUMBLE RECOVERIES

Name	Total
J. Williams, Syr.	2

SCORING OFFENSE (TOTAL)

Name	PTS	PPG	Yds.	Yds./Gm
Syracuse	224	56.0	1,468	367.0
Glens Falls	138	27.6	1,559	311.8
Albany	115	23.0	1,218	304.5
Plattsburgh	76	19.0	1,159	289.8
Amsterdam	50	10.0	572	143.0

PASSING

Name	Comp	Att.	Yds.	Yds./Gm	TD	INT
Glens Falls	54	104	898	179.6	8	6
Plattsburgh	48	87	692	173.0	5	2
Albany	37	85	639	159.8	5	6
Syracuse	28	65	592	148.0	11	4
Amsterdam	22	61	213	53.2	1	3

RUSHING

Name	Att.	Yds.	Yds./Gm	TD
Syracuse	88	876	219.0	14
Glens Falls	119	661	132.2	8
Albany	85	579	144.8	7
Plattsburgh	97	467	116.8	4
Amsterdam	45	359	89.8	5

SCORING DEFENSE (TOTAL)

Name	PTS	PPG
Syracuse	19	4.8
Albany	31	6.2
Plattsburgh	31	10.3
Glens Falls	72	14.4
Amsterdam	83	20.8

PASS DEFENSE

Name	Yds	Yds./Gm
Glens Falls	113	113.0
Albany	314	157.0
Plattsburgh	216	216.0
Amsterdam	107	107.0

RUSH DEFENSE

Name	Yds.	Yds./Gm
Glens Falls	98	98.0
Albany	139	69.5
Plattsburgh	112	112.0
Amsterdam	92	92.0

SACKS

Name	Total
Syracuse	19
Glens Falls	7
Plattsburgh	7
Albany	5
Amsterdam	3

TURNOVERS

Name	Fum Rec.	INT	Total	TD
Syracuse	8	11	19	5
Glens Falls	2	10	12	2
Albany	7	7	14	3
Amsterdam	1	7	8	0
Plattsburgh	4	3	7	0



EMPIRE FOOTBALL LEAGUE

WEEK FIVE RECAPS



VS



PLATTSBURGH 22, GLENS FALLS 0 - The Plattsburgh North Stars scored 14 first quarter points to the gain momentum and rode their defense to a 22-0 victory over Glens Falls. Stars quarterback Ken Stay connected with tight end

Trevor St. Clair for a eight yard touchdown. Plattsburgh quickly scored again after a poor punt went off a Greenjacket lineman. Stars running back Zach Blocker to the ball 18 yards for the second score in three minutes. With a 14-0 lead Plattsburgh deployed its ball-hawking defense on Glens Falls. Two successful drives for the Greenjackets ended in headache as an Ian Godfrey pass was picked off by Harry Roscoe and a personal foul penalty halted another drive. North Stars fullback Elija Parks scored the other touchdown for Plattsburgh. The North Stars defense truly earned the victory for Plattsburgh, being on the field almost twice as much as the Glens Falls defense. The Greenjackets offense ran 52 plays compared to 29 snaps for the North Stars. Stay finished the game going 8-for-10 for 116 yards with the touchdown and one interception.



Stars linebacker Harry Roscoe takes down Greenjackets running back Jordan Charbonneau. Photo courtesy of Gabe Dickens, Press Republican.



VS



MONTREAL 15, AMSTERDAM 0 - The Montreal Voyageurs used a gritty defense, that scored twice, to shut out the Amsterdam Zephyrs 15-0 last week. The Voyageurs forced a Zephyr safety in the third quarter and returned a fumble 52 yards for a touchdown in the final frame. The offense generated the other points scoring on a 12 yard pass play in the first quarter. The Montreal defense held heralded Amsterdam back Elijah White to just 20

yards rushing on 11 carries. Unable to move the ball on the ground, the Amsterdam air game was equally ineffective as two Zephyr quarterbacks combined to go 2-for-18 for 3 yards and an interception. Montreal has played hard the past few weeks, but came out on the wrong end on the scoreboard. Last week, the Voyageurs went to Glens Falls and almost pulled out the victory, but came up just short, losing 21-14. Facing travel obstacles and low roster numbers Montreal continues to play valiantly each week and against the Zephyrs their hard work finally produced results. Two-way player Andrew Blevings had 92 yards rushing for the Voyageurs as the ground game amassed 164 yards. With the victory Montreal earned its first win on the field in 2011 and their first Empire Football League victory since 2003.



VS



SYRACUSE 55, WATERTOWN 0 - The Shock began rolling on their first drive with running back Justyn Hardwick scoring from eight yards out. A few minutes later Syracuse quarterback Cedric Stevens found tight end Nick Layou with a

yard touchdown. With a 14-0 lead, Watertown played Syracuse even until late in the second quarter when Shock corner Dewa yne Gordon picked off Red & Black quarterback Jory Tanner and returning it 37 yards for the touchdown. Syracuse took a 28-0 lead into the half and used a devastating running game to wear down Watertown. The Shock racked up over 300 yards on the ground led by Hardwick and his 213 yards. In addition to his 200-plus yards rushing, Hardwick scored twice for the Shock. Hardwick, EFL's leading rusher with 513 yards, has now rushed for more than 100 yards in three consecutive games. Along with Hardwick's streak the Syracuse defense continued their streak of consecutive shut outs. With their 55-0 defeat of Watertown, Syracuse has now strung together three straight shut outs (There were a combined four shut outs in week five). The Shock forced five turnovers, four interceptions and one fumble recovery, against the Red & Black. They also sacked Tanner four times for a net of negative-19 yards. Offensively for Syracuse, Stevens went 9-for-21 for 167 yards and two touchdowns. Stevens also scored on the ground, sneaking in from one yard out. Stevens' favorite target last weekend was receiver Mike Ascough who caught four balls for 95 yards with a long of 41.



Watertown quarterback Jory Tanner (4) attempts a pass against the Syracuse Shock.



VS



ALBANY 36, ELMIRA 0 - Albany running back Anthony Rice scored twice for the Metro Mallets leading them to a 36-0 shut out victory over the Elmira Evolution last weekend. The Mallets scored all of their 36 points in the first half on a

wet evening, with a steady rain throughout the game. Wildcat quarterback CJ Tarver found receiver Culture Branch for a 60 yard touchdown giving the Mallets valuable points on a slick night. The touchdown pass was the first for Tarver this season and his only attempt of the game. Albany's defense recovered four fumbles giving the offense extra possessions, allowing them to grind the clock in the second half. John Sausville had seven tackles and a fumble recovery for the Mallets leading a very active defense. Albany's ground attack was led by Sylvester Cooperwood who ran eight times for 51 yards while Tarver added 40 of his own. Next week marks the much anticipated matchup between the two remaining unbeaten in the EFL. Albany (5-0) will travel to Syracuse (4-0) to take on the Shock at Sunnycrest Field. The game will decide sole possession of first place in the EFL standings.



Albany running back Anthony Rice cuts through the Elmira defense. Photo courtesy of Art Nicklas.